



Yiddish Translations:

- Baba (Bubbeh):** A Jewish Grandmother. Definitely a Maven.
- Jewish Mama Standards:** "The Best!" What else would I serve?
- Macher:** A bigshot. Someone who makes a lot of dough but is not a baker.
- Kneydlach:** A delicious "Jewish Dumpling" made with matzo, eggs, oil and spices; hand-rolled into balls and boiled in water. Kneydlach are vegetarian.
- A Maven:** Someone in the know, who claims to know everything about something.
- Meshuge:** One bagel short of a dozen. You know, like your Uncle Moishe.
- Nosh:** To nibble, a light meal. But don't nosh too much or you won't be so light!
- Patzkerye:** A fussy, time consuming, recipe that no one will even appreciate all the trouble you went through to make it! Best left for others to do while you can claim the credit (really, we insist!).
- Schmear:** A spread of cream cheese, usually on a bagel. Not to be confused with a "schmear campaign" which is nowhere near as tasty.



WWW.SOLLYSBAGELS.COM

ORDER HOTLINE!

604-675-9770

Email: office@sollysbagels.com

WE'RE LESS THAN 10 MINUTES FROM DOWNTOWN

Order Deadline:

Orders must be placed by 11 am the day before. Orders for weekend delivery must be placed by 11 am on Friday. NO orders taken on Saturday or Sunday.

Weekend orders are subject to a \$200 minimum charge.

The Fine Print

All platter orders must be paid in advance. We accept Visa, Mastercard, Debit and Cash. A deposit is required for each coffee urn.

Delivery charges are not included in the meal prices. Please ask us for a quote.

Orders can be picked up at our Yukon & West 7th location ONLY. (368 W. 7th Ave).

Orders can be cancelled for a full refund up to 24 hours in advance, or by 12 pm Friday for weekend orders. No refund given to orders cancelled after the cutoff time.

Please no substitutions: If we do it for you, we have to do it special for everyone!

Paper service (cutlery, plates napkins etc.) is available for \$1 per person.

Prices do not include G.S.T. and are subject to change without notice.

Fall-Winter 2008/09



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368 W. 7th Ave. (Yukon & 7th)
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Order Hotline
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Our Food

Since 1994, Solly's has been creating wonderful food for those looking for a taste of home. Our products are made "from scratch" with all natural ingredients and no additives or preservatives. We use *Baba's* time-tested recipes, so it's no wonder that Solly's has earned the reputation for making "THE BEST".

Our Portions

Solly's generous portions adhere to our strict *Jewish Mama Standards*. Our Menu is designed to show you exactly how many people each platter will feed, as well as how many pieces of food each person will get.

BITE-FOR-BITE, COMPARE SOLLY'S PLATTERS FOR BOTH QUALITY & VALUE!

Let's Start With Breakfast

Start your day off right with a good Solly's Breakfast. You'll enjoy a nice mix of our oven-fresh bagels, "World Famous" Cinnamon Buns, & enough low-fat Cream Cheese, berry jam and butter for everyone to *schmear* around. Perfect for an early morning meal.



- Small Breakfast Platter:**
feeds 12 (2 half bagels & 1/4 bun ea.) \$55
- Large Breakfast Platter:**
feeds 16 (2 half bagels & 1/4 bun ea.) \$70



Solly's Sandwich Platter

Freshly made sandwiches with a variety of meats, tuna salad, & vegetarian sandwich fillings. Includes potato chips & kosher dill pickles.

[*"All Vegetarian" or "All Meat" platters available on request.*]

Office Platter:
feeds 8 (one full sandwich each)\$65

Small Platter:
feeds 12 (one full sandwich each)\$90

Large Platter:
feeds 16 (one full sandwich each)\$115

All sandwiches served on your choice of Solly's authentic bagel, rye bread or whole-wheat bread.

Please choose either bread or bagels for each platter ordered. You want we should go *meshuge*?

Veggie & Dip Platter

A healthy selection of garden fresh veggies, complimented by our refreshing creamy dill dip.*



Office Veggie Platter:
feeds 8(8 pieces each) or
feeds 10(6 pieces each).....\$42

Small Veggie Platter:
feeds 12(11 pieces each) or
feeds 22(6 pieces each).....\$70

Large Veggie Platter:
feeds 16(11 pieces each) or
feeds 29(6 pieces each).....\$90

Veggie selection may vary by season and availability

Salad/Schmear Platter

A healthy Jewish portion of our egg salad, tuna salad, & our low-fat cream cheese; all tastefully garnished with fresh sliced cucumbers, tomatoes & red onions.



Small Salad Platter:
feeds 16 (40gms of each salad/person) * or
feeds 22 (30gms of each salad/person)**\$70

Large Salad Platter:
feeds 22 (40gms of each salad /person)** or
feeds 28 (30gms of each salad /person)***\$85

*Add (2) small baskets of Solly's oven-fresh bagels.
** Add (1) small basket & (1) large basket.
*** Add(2) large baskets.

Deli Meat Platter

A combination of freshly sliced meats; including lean pastrami, smoked turkey breast, & all-beef salami.



Small Meat Platter:*
feeds 12(100 gm / person).....\$95

Large Meat Platter:*
feeds 16(100 gm / person).....\$125

* Add (1) small basket of Solly's fresh bagels or rye bread.



Lox Platter

Enjoy a side of smoked wild B.C. sockeye lox; already pre-sliced, garnished and arranged in a fancy-schmancy way.

Small Lox Platter:*
feeds 12(3 slices each)\$65

Large Lox Platter:*
feeds 16(3 slices each)\$85

* Add (1) small basket of Solly's fresh bagels or rye bread.

Solly's Bagel / Bread Basket

Our oven-fresh bagels or marble rye bread sliced & served in a basket.



Small Basket: feeds 16
(2 halves/slices each).....\$25

Large Basket: feeds 24
(2 halves/slices each).....\$35

Muffin Basket

Try a mixed basket of our original cottage cheese muffins & other seasonal, fresh-baked muffins.

feeds 12(1 muffin each)\$35

Lox & Cream Cheese Bagel Platter

The ultimate bagel experience. Solly's bagel *schmeared* with our tasty low-fat cream cheese & topped with slices of wild smoked sockeye lox, red onions and capers.



Small Lox & Cream Cheese Platter:
feeds 7(3 halves each) or
feeds 10(2 halves each).....\$110

Large Lox & Cream Cheese Platter:
feeds 10(3 halves each) or
feeds 15(2 halves each)\$140

Solly's Hot Soups

A wonderful variety of hearty soups, all made "from scratch." Choose Solly's delicious homemade Chicken Matzo Ball (*Kneydlach*) Soup, or one of our many Vegetarian varieties.



Vegetarian Soup: 12oz.....\$4.25/ serving

Chicken Matzo Ball Soup: 12oz..... \$4.95/ serving

Solly's Chicken Soup is also known as "Jewish Penicillin" because of its mysterious healing properties

Solly's Specialty Salads

Solly's makes a great selection of healthy & very tasty Western & Middle Eastern style salads. Salad selection may vary by season.

- Yukon Potato
- Coleslaw
- Chick Pea & Red Pepper
- Eggplant
- Tabouleh
- Fresh Fruit

Suggested side serving per person. (125gm/serving)



Solly's Pastry Platter

Make sure to include a platter of our fresh baked pastries, including: Poppy Oatmeal Cookies, Sour Cream Cake & Seasonal

Cakes, Chocolate Babka, Rugoleh, Meringues & Solly's "famous" Cinnamon Buns.

Small Pastry Platter:
feeds 10(5 pieces each) or
feeds 18(3 pieces each)\$45

Large Pastry Platter:
feeds 16(5 pieces each) or
feeds 30(3 pieces each)\$65

Solly's Fruit Platter

Everybody loves sliced fruit. The thing is, it's such a *patzkerye* and who's got the time? Let Solly's do the work for you!



Office Fruit Platter:
feeds 8(8 pieces each) or
feeds 10(6 pieces each).....\$65

Small Fruit Platter:
feeds 17(10 pieces each) or
feeds 34(5 pieces each)\$85

Large Fruit Platter:
feeds 23(10 pieces each) or
feeds 47(5 pieces each)\$120

Fruit choices may vary by season & availability

Beverages (Hot & Cold)

- Bottled Water \$2
- Fruit Juice \$3
- Snapple \$3
- Pop \$2
- Knudsen Spritzers \$2
- Organic Coffee/Tea Service \$16/urn*

*serves 6 (12oz.) or 8-10 (8oz.) - includes cups, stir sticks, milk & sugar (urn deposit required).



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